

Fly Paper

Sunglasses (new or used in good condition)

Pre Paid telephone cards (they need these for the telephone center, when they can get to one)

Books, paperbacks

Bug Spray or rub on (no aerosols -the post office will not accept them)

Foot powder

Hand sanitizers (showers are limited)

Toilet paper

Toothbrushes and toothpaste

Puffs/Kleenex

Candles

***Cookies**

***Canned / bagged tuna and chicken**

Dry roasted peanuts / mixed nuts

Potato chips (in the cylinder / can)

Writing paper, envelopes and ballpoint pens

LipBalm/Chapsticks

***Beef Jerky**

***Dried fruit**

***Powdered drinks w/ sugar in them**

***Skittles**

Ramen noodles

Greating cards

***Peanut butter (plastic container)**

Popcorn

***Fruit cups (plastic)**

QTips

*** Canned Meat (Spam)**

For WOMEN

Feminine hygiene products (tampons, panty liners, sanitary pads)

Hair shampoo

Hair conditioner

Bath powder

Moisturizing bath soap

Deodorant

Sun screen

Razors

Shower to shower powder

Baby wipes

Lotions

Emery boards

small mirrors

Shower sponges/loofahs

body wash

body spray

hair gel